

# HOW TO SUPPORT UNHOUSED NEIGHBORS DURING THE SUMMER MONTHS

## SHARE INFORMATION

Help neighbors find places to stay cool.

Learn about Denver's cooling centers:

<https://www.denvergov.org/Community/Heat-Resources/Daytime-Cooling-Centers>

Learn more about severe weather and find shelter facilities at

[denvergov.org/findshelter](https://denvergov.org/findshelter).

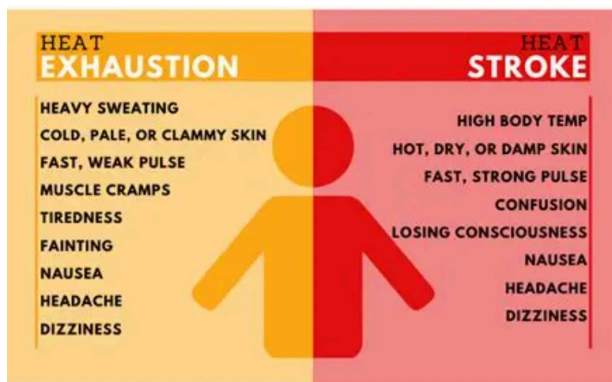
[2-1-1](#) connects people to basic needs assistance like food, shelter, rental assistance, childcare, and more.

## MUTUAL AID

Mutual aid is the reciprocal exchange of resources between community members. These groups could collect and redistribute money, provide foods and essentials, etc.

One example is [Mutual Aid Monday](#) who work with our neighbors experiencing homelessness, though there are many groups and individuals assisting.

## REFER TO MEDICAL CARE



Extreme heat exhaustion and heat stroke can cause severe illness, or even death. If someone is in extreme heat distress, call 911.

## SUMMER SURVIVAL KITS

Summer survival kits are a packet of essentials that help people experiencing homelessness survive the dangerously hot weather.

### Some items that may be helpful to have in a summer survival kit:

- Water
- Small bottle of sunscreen
- Chapstick
- Hat
- Sunglasses
- Gatorade (or Gatorade mix packets)
- Shampoo/conditioner
- Body wash
- Toothbrush/toothpaste
- Wet wipes

### Although not summer specific, snacks are welcome as well. Some snack ideas:

- rice crispy treats
- peanut butter or cheese crackers
- instant coffee or cocoa packets
- pretzels or peanuts
- fruit chews or gummy bears
- cup o noodles
- bottled water

If you'd like to help the Coalition better assist our neighbors during severe weather, buy care package items through our [Amazon wish list](#).

If you have items to donate to the Coalition, please visit our [In-Kind Giving page](#) for more information.

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FOR THE HOMELESS**

